



## **“WARM HUG” WRAP INSTRUCTIONS**

Thank you for offering to knit, or sew a double-sided wrap for Bosom Buddies. Your gift will be included in the pack given to breast cancer patients who are having chemotherapy treatment before their surgery. It's to give them a warm hug so that they know that we care. A card will be included with the wrap so please include your name and details about the yarn that you have used and any washing instructions so that the patient is aware of how to look after your gift and who generously created it for them.

Please note that the instructions below have been suggested by a local knitting and crocheting group. However, if you have a pattern that you prefer, please consider that the wrap should have little bulk behind the patient and that it is long enough to wrap around their shoulders or to fold across their chest if they need extra warmth.

We are sure that your attractive ‘Warm Hug’ that will be treasured after this stage of their treatment is completed.

### **INSTRUCTIONS:**

- Create rectangles (which eliminates the option of ‘making to fit’ individuals), make the rectangles the width of the measurement from the base of your neck to your elbow - so about 50cms;
- Make them long enough to work as a shawl/scarf - between 150cms/160cms long; or you can make a poncho;
- Use whatever stitch pattern or knitting needle size you would like to use (the larger the needle size the faster the knit);
- Use any soft yarn – wool, cotton, acrylic, etc (noting any washing instructions) in a colour of your choice;
- Make something you would be willing to wear – so pretty / stylish/ etc.
- Please include your name and what the wrap is made from and any washing instructions. This is so a card can be included with your gift.

*Thank you so much for your support  
without our volunteers we couldn't do what we do for the community*